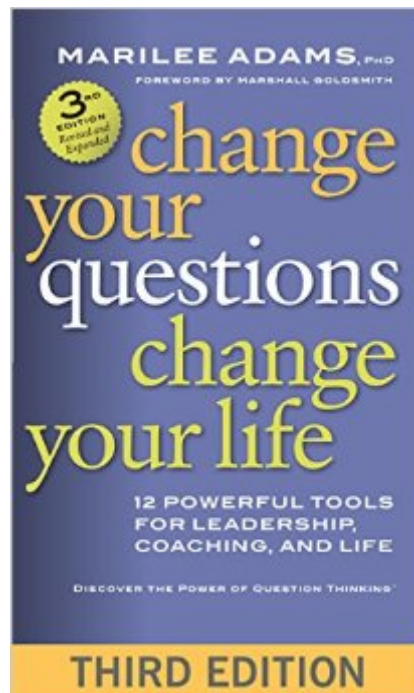


The book was found

# Change Your Questions, Change Your Life: 12 Powerful Tools For Leadership, Coaching, And Life



## Synopsis

NEW EDITION, EXPANDED AND UPDATED Great Results Begin with Great Questions In this new expanded edition of her classic international bestseller, Marilee Adams shows how the kinds of questions we ask shape our thinking and can be the root cause of many personal and organizational problems. She uses a highly instructive and entertaining story to show how to quickly recognize any undermining questions that pop into your mind "or out of your mouth" and reframe them to achieve amazingly positive and practical results. The third edition includes a new introduction and epilogue and two powerful new tools that show how Question Thinking can dramatically improve coaching and leadership. Based on Adams's decades of research and experience, this book can make a life-transforming difference "as it already has for many thousands of people around the world.

## Book Information

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Average Customer Review: 4.3 out of 5 stars See all reviews (30 customer reviews)

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## Customer Reviews

This book changed my life a while ago and I know give it to all my clients. I coach leaders to build healthy, high performing organizations. Part of that is to stop telling and ask more. This book along with The Heart of Leadership, and Leadership and Self-Deception rocked my world. And what a better world it is now. Buy it, read it, make it a part of your organization. You'll thank me.

Enjoyed this book. It was recommended by one of my key employees who is always trying to help me be the best boss I can be. Lots to think about and do with the learnings here; ready to get my

curiosity on.

Initially, I purchased this as an audiobook. It is so helpful that I went back and purchase a hard copy. Fantastic concept. Even had my husband listen to the audiobook and he LEARNED things! Awesome!

This book has and is still helping me through the most difficult time in my life- the diagnosis of my moms dementia. It describes in clear understandable details of how to handle the legal and medical needs that are required. It also helps guide you through long term care and the type of care that is needed. The books begins by putting you in the life and experience of a woman with dementia. It was very eye opening to know what the patient experiences. I have recommended this book to my entire family. It is helping us all work together with a clear understanding of what we need to do to help our mother.

I enjoyed the book's material as it enabled me to grasp the tools and understand concepts with the example of a story. I had not read the others versions of this book. It did give me tools to use for myself as well as tools to implement in a leadership role for building confidence and making choices based with an awareness perspective. I would recommend the book for those looking to make good and better life decisions.

The book and its concepts are powerful, and I would definitely recommend it. However, the majority of the book is in told in first person from a man who applied the principles very successfully, but the narrator is a woman. I find this very distracting, and it takes my attention away from the message when I have to mentally stop and reframe some of the dialogue. Hopefully they'll select a male narrator for the next edition.

You want to change a student's life, then change/improve the way you ask questions. Try it - you will be amazed with the results! Remember, however, the change begins with you...

I could have done without the story section but the workbook and concepts were great. I have started a list of questions to refer to when processing.

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COACHING :Coaching Questions Powerful Coaching Questions To Kickstart Personal Growth And

Succes Now ! - Life Coaching, Life Coach, Success Principles, Success Habits- Change Your Questions, Change Your Life: 12 Powerful Tools for Leadership, Coaching, and Life Coaching for Performance, 4th Edition: GROWing Human Potential and Purpose - The Principles and Practice of Coaching and Leadership Coaching for Performance: GROWing Human Potential and Purpose - The Principles and Practice of Coaching and Leadership, 4th Edition Leadership: Leader Skills For Communication, Influence People and Business Coaching (Leadership, Influence People, Leader, Business Skills) Leadership: Become A Super Leader - Management, Management Skills, Communication & Coaching (Business Skills, Influence, Persuasion, Body Language, Leadership Skills, Emotional Intelligence) Coaching Questions: A Coach's Guide to Powerful Asking Skills Co-Active Coaching: New Skills for Coaching People Toward Success in Work and, Life The Leadership Pipeline: How to Build the Leadership Powered Company (J-B US non-Franchise Leadership) 3-d Negotiation: Powerful Tools to Change the Game in Your Most Important Deals Management: Take Charge of Your Team: Communication, Leadership, Coaching and Conflict Resolution (Team Management, Conflict Management, Team Building, ... Team Motivation, Employee E) Leadership: Elevate Yourself and Those Around You: Influence, Business Skills, Coaching, & Communication 15 Minutes Coaching: A "Quick & Dirty" Method for Coaches and Managers to Get Clarity About Any Problem (Tools for Success Book 2) The Heart of Change Field Guide: Tools And Tactics for Leading Change in Your Organization The Coaching Habit: Say Less, Ask More & Change the Way You Lead Forever Transformational Coaching: Shifting Mindsets for Sustainable Change The World's Most Powerful Leadership Principle: How to Become a Servant Leader Making Sense of Change Management: A Complete Guide to the Models, Tools and Techniques of Organizational Change Mastering Regular Expressions: Powerful Techniques for Perl and Other Tools (Nutshell Handbooks) Version Control with Git: Powerful tools and techniques for collaborative software development

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